

**Los Toros Bulls Football and Cheer Association
EMERGENCY PLAN AND PROCEDURES**

Emergency Plan for Los Toros Bulls Youth Football and Cheer Association

LEAGUE NAME/CONFERENCE: Los Toros Bulls / San Diego Youth Football and Cheer
FACILITY/VENUE NAME: Mount Miguel High School Mighty Matadors
FACILITY ADDRESS: 8585 Blossom Lane, Spring Valley, CA 91977-3822

Emergency Procedures:
Medical Emergency & Facility Evacuation

Preparations

- A copy of the Emergency Plan will be available to each member of the Emergency Response Team and Police, Fire Department, EMS and it will be reviewed to make sure each staff member understands their role.
- A copy of the Emergency Plan will be kept in a binder, at the snack bar for anyone to review.

The Emergency Response Team

PRESIDENT OF LOS TOROS

NAME: Tracie Egbert-Johnson CELL PHONE: **619-807-0107**
ADDRESS: MOUNT MIGUEL HIGH SCHOOL 8585 BLOSSOM LANE, SPRING VALLEY, CA 91977-3822
LTPREZ2009@yahoo.com

VICE PRESIDENT OF LOS TOROS

NAME: Kym Arnold-Bryant CELL PHONE: **619-613-7539**
ADDRESS: MOUNT MIGUEL HIGH SCHOOL 8585 BLOSSOM LANE, SPRING VALLEY, CA 91977-3822
Coachlee@ymail.com

COACH REPRESENTATIVE OF LOS TOROS

NAME: Ronnie Hicks CELL PHONE: **619-517-2737**
ADDRESS: MOUNT MIGUEL HIGH SCHOOL 8585 BLOSSOM LANE, SPRING VALLEY, CA 91977-3822
coachrhicks@gmail.com

CONCESSIONAIRE OF LOS TOROS

NAME: Claudia Calzadillas CELL PHONE:
ADDRESS: MOUNT MIGUEL HIGH SCHOOL 8585 BLOSSOM LANE, SPRING VALLEY, CA 91977-3822

**MOUNT MIGUEL HIGH SCHOOL
MANAGER OF SCHOOL FACILITIES**

Name: Kevin McGrew CELL PHONE: **619-667-6451**

The Manager of School Facilities Kevin McGrew will be the single point of contact if between the school and Los Toros if an emergency occurs and help is needed.

Emergency Communication

In the event of an emergency, all communications will be handled by the President/Vice President of Los Toros. In addition, several cell phones are on site and are available to use throughout the stadium at Mount Miguel. The President/Vice President of Los Toros will contact the facilities manager of School in the event of an emergency, immediately after the emergency departments are contacted.

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Emergency Training

The following members of the Los Toros Bulls staff have training or certification in the following procedures:

<u>Procedure</u>	<u>Certified Person's Name</u>	<u>Position</u>
General First Aid	Tracie Egbert	President
General First Aid	Ronnie Hicks	Coach Representative
General First Aid	Alex Bradley	Cheer Director
CPR	Ronnie Hicks	Coach Representative
CPR	Alex Bradley	Cheer Director
General First Aid	SDYFCC Trainer	SDYFCC Trainer

ALL OTHER EMERGENCY SITUATIONS (POLICE, EMS, AMBULANCE, ETC.) WILL BE HANDLED BY THE EMERGENCY DEPARTMENTS.

Emergency Equipment

Los Toros Bulls Association will provide a First Aid kit and a portable Automatic External Defibrillator (AED), which will be located in the snack bar.

<u>Equipment Type</u>	<u>No#</u>	<u>Person Responsible</u>	<u>Location</u>
First Aid/Trauma Kit	1	Snack Bar	in Possession
First Aid/Trauma Kit	1	Each Head Coach	in Possession
Portable AED	1	Snack Bar	in Possession

Athletic Trainers

San Diego County Youth Football and Cheer Association encourages the use of Athletic Trainers/EMTs, on-site, at each facility hosting competitive contests.

Facility/Venue Directions

The Mount Miguel High School has a multi-purpose stadium on campus used for football, track, soccer, and the band along with several community programs it's located on the SW corner of the school.

Mount Miguel High School, 8585 Blossom Lane Spring Valley, CA 91977-3822

Detailed directions to Mount Miguel High School Multi-Purpose Field are shown below:

From San Diego Jack Murphy Stadium exit Friar Rd. south to interstate 8 west to 125 south exit Jamacha Rd. make a left to on Jamacha Rd. to Sweetwater Rd. left until Blossom Lane left on Blossom Lane to 8585 Blossom Lane.



Emergency Medical Procedures

The following outline the responsibilities of each person on the Emergency Response Team in the event of a crisis:

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1. The most qualified individual(s) on the Emergency Response Team should provide immediate care for an injured or ill participant or spectator, if medical personnel are not on-site.
2. The most senior board member on site shall retrieve Emergency Equipment or supplies.
3. Calling for HELP:
 - RESPONSIBILITY OF EVERY STAFF MEMBER - The coaches will instruct the staff in the case of an emergency. The staff will contact the appropriate emergency personnel and provide the name, address, telephone number; information on the emergency -- number of individuals injured/ill, condition of individuals, first aid treatment; give specific directions to location.
 - The staff member will assist the coach, as the coach continues to assist member of his/her teams.
 - The Manager of School Facilities will be contacted no later than 30 minutes after any event happen.
4. Providing EMS with complete directions to the scene of the emergency:

The staff members shall work with the head coach to open locked entrances or gates to facility and will close or locked the same once EMS departs.
5. Closet hospital is located at:

5525 Grossmont Center Dr. La Mesa, Ca 91942

The coaching staff and trainers shall limit the scene of emergency treatment to first aid providers and parents only.
6. Crowd Management:
 - During each game four coaches will be in the stands, with radios, to handle any small disturbs to minimize crowd actions before it goes and grows out of hand.
 - The President and Vice President will have radios communicating each staff member on duty, to manager the crowds and the events.
 - The Concessionaire will have a radio in the snack bar to immediate call for assistant if needed.
 - If a fight occurs on the field the Head Coach, will, with assistance from his assistant coaches, break up the fight and stop the players from running on the field and re direct the players to the SW corner of the end zone. A coach will remain on the field and not allowing any parents to remove the child from the field at this time.
 - If a fight occurs in the parking lot the staff will call the police and assist as much as possible. No single staff member will be allowed in the parking if such an event has occurred.

Emergency Facility Evacuation

In the event of an emergency, evacuating the premises may be necessary. Emergencies may include, but not be limited to, fire, bomb/terrorist threat, weather emergency or person with a weapon.

1. Facility Evacuation: Pre-Emergency Planning

- A. Evacuation Alarm – A repeating, announcement over the stadium speakers shall be a signal for emergency evacuation
- B. Meeting Area – The staff will meet at the snack bar. All players will be accounted for; family members may pick up the players at the south goal post (away from the parking lot).
- C. The Emergency Response Team will be the same as the one designated for medical emergencies
- D. Assign Emergency Response Team duties:
 - Notify teams/attendees of evacuation procedures, in advance
 - Assist in clearing facility during emergency
 - Direct people to designated meeting area(s)
 - Assist those with special needs
 - Account for all participants at meeting area(s)
 - Each member has a copy of Emergency Plan, including:
 - maps of exit routes
 - location of meeting areas
 - phone numbers for Response Team members, Game Site medical staff and EMS
 - Establish inter-team communication via walkie-talkie and/or cell phone
- E. E. Staging Area – The parking lot in front of the Mount Miguel High School stadium will be the place where fire, police and EMS will organize to deal with emergency. Staff members will direct EMS to the needed area.

2. During an Emergency: General Evacuation Procedures

- A. Do not panic
- B. All required to evacuate when alarm sounds.
- C. CONTACT THE Manager of School Facilities Kevin McGrew – ALL EMERGENCIES MUST GO THROUGH The Manager of School Facilities (our goal is within 30 minutes).
- D. Emergency Response Team goes into action, managing evacuation process
- E. Leave through nearest unblocked exit (check maps, if possible)
- F. Report to meeting area(s)
- G. Account for all participants and attendees

3. Special Circumstances

Bomb or Terrorist Threat

- A. Do not panic
- B. Note exact time and words used by caller
- C. Write down details of call as soon as possible:
 - Describe threat
 - If explosive, when is it set to explode?
 - Where is it located?
 - What does it look like?
 - What will cause or trigger the explosion?
 - Did caller place the bomb or device?
 - What is the caller's name?
 - What is caller's address or location?
 - What is caller's affiliation?
- D. Note characteristics of caller's voice: Male/female, accent, lisp, etc.)
- E. Note any background noise
- F. If digital display/caller id, note the information on the display
- G. Contact the President/Vice President immediately
- H. Notify Emergency Response Team
- I. Begin General Evacuation Plan
- J. If you see any suspicious package or person while leaving, inform any staff members what you saw and where
- K. Do not re-enter building until told to do so by the EMS

Person with Weapon

- A. Do not panic
 - B. If weapon is in immediate vicinity
 - Act quickly and deliberately to evacuate through nearest unblocked exit, without announcing it over the stadium speaker's
 - Contact any staff member
 - Go to protected meeting place away from facility
 - Account for all participants
 - If you are NOT able to evacuate:
 - Conceal and protect yourself and participants as much as possible
 - Hide under enclosed counters, seating, desks
 - Call 911/Police; inform them of your location and how many people are with you
 - Communicate with Emergency Response Team, if possible
 - When and if possible, leave area by nearest exit
 - If not possible, wait quietly for police rescue
 - DO NOT ATTEMPT to aggressively deter unstable person with weapon
- If weapon is not in immediate vicinity:
- Contact the President / Vice President
 - Begin General Evacuation procedures without announcing it over the stadium speaker's
 - Move swiftly to protected meeting place away from facility
 - Account for all participants at meeting place

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Preventing Crowd Control Problems

- A. Identify characteristics of expected audience to determine likely behaviors
- B. Have our coaches or staff security dressed in order to be clearly visible
- C. Make provisions for a good public address system (we have)
- D. Emergency Response Team should be familiar with the emergency plan for the Coaches, Staff Security, and Concession personnel
- E. Provide walkie-talkies and/or cell phones to security and Emergency Team
- F. Establish hand signals or other non-verbal means of communication for staff members and concession personnel to request help
- G. Inspect facility to make sure no fire hazards are present
- H. Check that all doors and exits are accessible and clearly marked
- I. Check that attendance does not exceed capacity
- J. Develop contingency plan if crowd gets unexpectedly large
- K. Place staff in strategic areas where they can quickly respond to trouble
- L. Establish procedures to quickly remove anyone who is: intoxicated, throwing things, being hostile or displaying other aggressive or disruptive behavior

ALL CROWD CONTROL PROBLEMS WILL BE THE RESPONSIBILITY OF THE PRESIDENT / VICE PRESIDENT and HEAD COACH.